

The background of the cover is a painting of a stone archway. In the center, a statue of a figure in a long robe stands within the arch. Above the statue is a small, detailed illustration of a castle tower with crenellations. The scene is lit from the left, creating strong shadows and highlights on the stone and the statue. The overall color palette is dominated by earthy tones like ochre, brown, and black.

Global Grey Ebooks

**THE ARCANE FORMULAS:
OR MENTAL ALCHEMY**

WILLIAM WALKER ATKINSON

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The Arcane Formulas: Or Mental Alchemy by William Walker Atkinson.

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Truth, at the last, is always found to be simple. And, in the case of this Formula, the very simplicity of the operation is a convincing proof of its truth, particularly when a little experiment and practice will prove its availability in all cases. Analyze all other forms of “mental treatment,” or Mentalism, and see whether the principles of this Formula are not involved in them, and form their very essence. The beauty of this Formula is its simplicity and its capacity for universal application. It may be applied under a thousand forms or disguises, but the principle remains unchanged.

In conclusion, remember that “Mentalism in a Nut-Shell” is the idea conveyed by *the symbol of the Mental Magic Lantern, with Concentrated Will as the Light; Mental Image as the pictured slide; the Projected Idea as the picture thrown on the screen; and the Objective World, of persons, things and conditions as the plane surface on which the picture is thrown. Add to this the fact that Mental Images Materialize in response to the Law of Attraction, and you have the entire story of Mentalism.*

Re-read your books on this subject; listen to the teachings of the cults and the schools. Then when you have finished with them, ask yourself calmly if the Mental Magic Lantern does not give you the best symbol of the best methods of each and all of them, reduced to the ultimate analysis and divested of useless fringe, trimming, theory and detail.

Then, practice Mentalism along these lines. The rest is a matter of patience, practice and persistency. We have given you the first and the last word in the practice of Mentalism.

THE END

I'm Julie, the woman who runs [Global Grey](#) - the website where this ebook was published. These are my own formatted editions, and I hope you enjoyed reading this particular one.

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