

Insights into
**NATURE
SPIRITS**
and
**EARTH
ENERGIES**



Annette de Jonge

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Insights into

NATURE SPIRITS

And

EARTH ENERGIES

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Other e-books written by this author

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We Are Not Alone: Extraterrestrial Encounters

New Perceptions of Reality, Book One and Two have been updated

and are now *In Search of Reality Books One and Two*.

Other e-books to follow in the *In Search of Reality* series

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Acknowledgments.

I wish to dedicate this e-book to my editor and good friend Pat, without whose belief in me and constant encouragement this book would never have been published.

Appreciation also goes to the teachers who made it possible for me to communicate with the various spirits who, by observing my physical earth energy body, are studying the machinations of earth energies and what is required to participate here.

To all spirit energies, wherever you are who answer my queries no matter how banal or on what topic, thank you.

Annette de Jonge

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Introduction.

This first section of this e-book was written in 2011 but its relevance still holds true today. Of particular interest is the significance of the information given then to what is happening now with the rising concerns over the Earth changes from climate activists and others.

More recent information, 2023, has been included to update some of the communicated information.

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My communication is with a forum of spirit communicators who come from different energy dimensions interpenetrating this, our physical reality. Our group offers an opportunity for different spirit communicators to speak to an incarnated medium and gain knowledge and expertise on this third world dimension. Any of the communicators are free to respond to my questions and they do so speaking from whatever is their level of experience and knowledge. My spirit teachers are always there, in the background, to make sure all goes of accord.

At all times communicators are courteously given time and opportunity to answer and the different 'voices' will often start with 'we can take that' or a similar phrase. The attendees at the forum are not always the same and come and go as the subject matter of interest to them dictates.

When starting the first communication mentioned in this e-book my intention was to ask questions that would give me more information on the experiences I'd had with the 'little folk' of the nature realms and then move onto other topics, such as the mineral kingdom and then perhaps go to the changing earth energies.

Instead this particular group of spirits chose a different way and voiced their concern at what they see is our disregard and disrespect for Mother Earth. They then went on to encompass what we, humanity, can do to assist our planet and, in doing so, empower ourselves.

After their discussions I was left remembering we are all one energy manifesting in different forms and ways and what affects one energy will affect all. The spirits communicating were more succinct in their vocabulary ' *a sinking boat is a sinking boat irrespective of who is on board.*'

o0o

...we have several layers of skin like the Earth's crust, feathers and hair that grow like the grass and trees on the Earth's surface, veins and arteries beneath our skin that act like the underground rivers and streams, flesh like soil and bone like rock. We also produce little streams on the surface of our skin when we perspire or cry.

Author Unknown

Part One

Empowerment, Conservation and the Earth Energies

*Enjoy the little things in life
for one day you will look back
and realize they were the big things.*

Kurt Vonnegut

o0o

The spirits who first responded to my question in this forum voiced their consternation over the welfare of our planet Earth. They sought to draw our awareness and understanding to how humanity has lost touch with and respect for the land that sustains and nourishes every one of us. They suggest a better way of living that will enhance and empower all.

o0o

I have read that down the aeons people of all nationalities, mainly country people have been able to see the nature spirits.



It is known that there are people, gardeners with green thumbs who work, consciously or not, in collusion with these spirits. I would like to discuss this topic today and what you referred to when you previously said contact can be assured.

Then we go that way. Contact in the right 'spirit' of the way is interacting with the land, the native land that is all around you. You are part of this land while inhabiting the third dimension. It is part of you, your heritage. Many have, alas, forgotten this and much damage has been done to the natural world. Many of your offspring, your children, have no contact now with nature, a world that nurtures, houses them. It is part of this we are referring to but there is more to be considered here.

We also speak of the abominations being brought about in the name of progress. We see and feel shame for your wonderful world. Your Mother Earth, like any mother, loves you. She nurtures you and gives you her best. Why do you go this way?

Many people are becoming aware of what is happening but unfortunately, they have very little voice and very little power or control to prevent it.

That is not the way at all. You are all sentient beings. You have all the power in the world. It is when you give your understanding of your power away that you become useless.

Are we speaking about the politicians and big business that control us or are we speaking about our perception of reality?

We are speaking about your consciousness: what you achieve day by day.

What can we do to reconnect with Mother Earth and what, as sentient beings, can we do to remedy any wrong being done?

We would like to discuss this today. We find that many of you are aware of what is transpiring yet (in your mind?) seem powerless to try to rectify what is being done. We seek to show you another way; the way that you have always had power. We can then enlarge on this so that you can see for yourself.

We are not here to give platitudes or gifts; bearing false promises that can never be. We seek to always maintain our integrity to help, assist you to further your greatness. We want you to see for yourself the magnificence that is 'you'. You

have truly absconded, given away your heritage in so many ways it is, in our sight, pathetic to see. We then wonder why this is and should be.

We would like to see you reclaim what you have always had. To understand that outside influences, if you see them that way, never could hold you back if you have not first handed over your god-given rights in this way. You need to 'shape up' as you say. To take back possession of your facilities that allow you to see your magnificence, the greatness of you all. We can show you the way but first you need to get yourself into shape, mental as well as physical before any of this can take place.

I would like more information please.

It is more a mental attitude but when you are feeling out of sorts, along this line, then what can you achieve we hear you oft times say. It is easier then to sit back on your couch and go another way instead of being the magnificence that is you.

Yes, I do understand and agree with what you are saying but how does this connect with Mother Earth and what is required to rectify what has and is being done?

All the rectification can be achieved but we need first for you to see that this can be achieved. We need you to first get yourself into order, to understand that it is you, people such as you that are bringing this about. We need you to see and understand this then set about rectifying it in your part of the world, then it can flow, spread out and all will be well in you world.

What you are saying is sounding too simplistic. People who don't feel 100% don't have the energy to do much. Some people are just too lazy to get motivated. I do understand that but there are other factors that are out of our control that need rectification first. For example, the excessive plastic packaging we have on new products; the desire for new products when the owned one is still very good. We are also bombarded many times by the cargo cult mentality. We are told we can have it all and so we try to.

What right to existence do you have if that is your mentality? You reread what you have just given us. Listen to yourself. You are mentally lazy if you go this way. You are letting others influence and dictate to you your way of thinking and of life. None of this is needed, necessary. All you have said so far are excuses. It is not the way sentient beings act. They maintain at all times coverage over their own thoughts and deeds.

Then what are you suggesting we do?

'Shape up', as you say, and stop hiding behind excuses. You are quite capable of seeing when you are being mentally manipulated, yet you choose to turn away and ignore what is there for you to consciously be aware of. Take control, regain possession of your senses and not be this way.

How does this affect Mother Earth and the nature spirits?

We can answer that. In many ways you affect your Mother Earth and those energies that look after her needs. You cannot go on as you are, being careless of her needs. It will soon enough come back to haunt you with dire consequences to you all.

Is there an environmental or conservationist group speaking today? I thought we were going to be talking about the nature spirits and Mother Earth.

We are. We are. Can't you see that? What affects your life is a reflection on what is happening on a larger scale.

But if we create our reality - oh, I see. We will harvest what we have sown. What you said at the beginning about our consciousness and day-by-day stuff; that is what you are referring to isn't it?

That is the way. Sanity returning and you are starting to take consideration of what you can achieve. You can change much, all, if you set your mind to it but first you need a direction to follow and we will show you the way. We are interested in empowering you, in your sight so that when you see all this interlude, these attractions, you will not be deceived and will turn away from such hollow enticements.

We need you to see and understand that before any changes can be wrought upon your planet. It is not neglect from Mother Nature. It is not that way with the nature spirits who work diligently to right wrongs wherever they are able. It stems from you, physical you, all of you who are careless with your thoughts and your deeds.

In what way do you mean?

Do not empower others to think for you. You are all sentient beings, in charge, responsible for your actions and thoughts. Be that way.

What about our thoughts creating our reality? Can't we change our thinking to bring about change?

No, that is not the way. You need to apply yourself first for change to be. You cannot sit or lay abed (think?) and expect it to just happen. You need to take charge for any activity to eventuate. You, your civilizations, need to see this to change what is happening.

Isn't it just the affluent civilizations that are creating this problem? There are many places on our globe where the populations there are struggling just to exist. They do not have enough food to feed themselves so don't have any luxuries to waste time on.

That is the way and use that example that is in your mind now (I was thinking of the terrible drought conditions in Ethiopia). These civilizations, their areas, were not always such as now; as dust bowls with infertile soil. They once were verdant growing fields of lush produce for all to see and benefit from.

Yes, I do understand that has happened but wasn't it brought about by climate patterns changing? Where the rains stopped coming and so the crops died?

That has been the way in many instances but again, we reiterate, nothing happens on Mother Earth without some human influence of sorts. It is so that weather can change but what brings it about?

I don't know and would like that question answered but it is getting late and I need to finish now for today. Can we continue our conversation tomorrow?

It can flow along that line. We are intent on showing you your magnificence and your power which you have given away. We wish to re-empower you so to say and in achieving this unpalatable truths may emerge. We still go that way.

We leave you now. Until tomorrow, peace and blessings be yours now and forevermore.

Thank you.

Throwing Down the Gauntlet.

We make a living by what we get.

We make a life by what we give.

Author Unknown.

oOo

Well, you have thrown down the gauntlet, figuratively speaking, for us to shape up and take responsibility. I would like to know how to go about this. You said you would show us and our discussion could go that way today.

We can show you the way but first, are you ready to do the hard work on yourself? Are you ready to empower your knowledge of what is 'right' and 'wrong' that you see?

Is it going off on a different topic to ask, 'right' and 'wrong'? Isn't that judgmental? Doesn't each person have different points of view on that? What seems 'bad' to me might seem 'good' or insignificant to someone else?

Yes, that is the way it is. However, it does not change one whit what we are about to say. A sinking boat is a sinking boat irrespective of who is on board. All suffer the same fate. It is along this way we see things shaping for you all. You all need to change but first, little steps. You become aware and change; others also become aware and change. It goes along this way.

Would you mind elaborating on that because I am not sure on what you are saying here? I can change but others, the majority, might not hold the same opinions and would continue on with impunity and with little regard for what is happening around them.

But you will start to see a groundswell as people do become aware. There are already plans underway to make changes, big changes for the betterment of all. It will come about, rest assured on it. There are many who have started a movement, if you see it that way, which will bring about change. It is what we were referring to previously where we stated that a groundswell has taken place and will continue on.

But who are these people?

Courageous, fearless people, ignoring public opinion have gone against the mainstream and started this swell. It was ignored at first but, bit by bit, by continuing on, their movement started to gain credibility and they had a sway on public opinion in this way. It was by their unfailing dedication and a belief in what they were achieving, what they were doing was 'right' in their sight that it became 'right' in others, many others' sight too.

We want you to choose, to go this way too. It is in this outlook that your Mother Earth can stop being abused and will once again heal herself with the help of her ministering angels, nature spirits and all.

I am agreeable for that too but see flaws in this argument you have put forward. Here, in Australia, we have a political party who may have started out altruistic and believing what they proposed but, to my mind, have now become too political and the ideals they founded seem to have either gone by the way or have taken on other issues that seem to have created an imbalance of power.

It may be the way it is at present but you will find that it all balances out in the long run. Don't fret that your political parties have become 'nobbled' as you say by people with other vested interests. It is not the way it will be or stay for long.

In the case you have outlined it could be the way, we do not have an issue, do not get involved. We are stating that a groundswell of people, 'ordinary' people who care enough will get off their couches and start to take charge of what is required. Many are reaching that way already and those that are not will be soon swayed by public opinion.

But didn't the other spirit communicator who was telling us that we needed to take firmer action with ourselves want us to do more? To 'shape up' or did I get that wrong?

It was the way it was said so you heard correctly. However, what you need to see is it is not some social experiment, some fashion that comes and goes. It needs to be continuous and we see it as along this way. We seek to see you all changing for the better as you become more aware of what is happening and what needs to be. We cannot see you changing for the better without first finding out the power within yourself. We now seek to go that way with our information.

I would like to know more about empowering myself and am sure others would also like to find out how to empower themselves.

Yes, we have touched on, along the edges of what is required but need you to follow through. It is to your benefit, your societies' benefit and will fulfil a promise you made to Mother Earth before you came into this third-dimension incarnation.

What promise did we make before incarnating here?

We have your interest now. Yes, it is so. You did make a pact of sorts with Mother Earth before debating what you would do and what you would be on her third world dimension.



Again, I hope I am not going off the track with my next question but we, as spirits, had a choice of what we would be? Do you mean as a person, human, or animal?

If you chose to be a rock it would be the way. It is all the same here. You came to learn, to experience different avenues of growth. If you wanted to feel what it would have been like to be a particular sort of energy you would have chosen to be, incarnate, that way.

But rocks are not spirit.

Everything is spirit manifesting in a particular form on this earth plane.

We have now gone away from what we were speaking about. Is this tomorrow's lesson?

If you choose it, it will be the way. We are of accord to whatever question you decide you wish to speak about and are in need of a reply. We will comply with your wishes.

I would like to finish for today and read what has been written to see where we are heading or if we've moved us away from where we were heading.

Then we go that way. Peace and blessings go to you now and forevermore.

Thank you.

Empowering Ourselves.

*I believe in myself
So anything is possible.*

Author Unknown.
o0o

I am in two minds with my questions today. It would be interesting to continue on with our empowering ourselves but would also like it to include our choices and the ramifications on this third dimensional plane. Do you have any preference?

No, either way will be acceptable to us because they will reconnect further along the way.

Fine, then let's stay with the example of a rock. Rocks may start off as part of a mountain but become dislodged and end up down the bottom of the mountain. They could be carried away by floods to another area. That is presumably what the spirit in the rock wants to experience when it happens. It will eventually, possibly within aeons, naturally end up as dust or sand. I am assuming that whatever size and shape it ends up or goes through the spirit is experiencing this because it chose to. Is that correct so far?

Yes, it is the way.

But that doesn't always happen. Sometimes rocks are blown apart as part of progress. To move mountains, build roads and other things. We, humans, as spirit, also have energy bodies, an etheric, astral and others. What happens to the rocks energy bodies when they, the rocks, have been altered in such a way? Maybe now are only sand and dust?

Yes, it can go that way where they are altered beyond recognition but listen well; they are merely a third dimensional shape at this juncture. They, spirit, remain intact. They do not lose any of their spiritual countenance. Spirit does not change. Only matter changes in this instance; matter that came from the third dimensional Earth and will remain that way - always.

So the spirit in the rock, no matter how much the rock changes shape, cannot be altered or changed in any way?

That is the way it is and will remain. You are dealing with issues here little known to you yet. You understand yet, you understand not. We are explaining, trying to get you up to speed so we can move past basics to learning 'real' issues that will empower you. By all means ask these questions. They will stand you in good stead further along.

Is the spirit in the rock able to leave at any time?

If you recall you are sentient beings, spirits who require or desire different experiences. They, like you in a physical body, can leave or stay. Whichever way it suits their needs; they come and go as required.

Well, that opens up another question about the rock. Does the incarnated spirit in the rock stay in the rock all the time? Can it stay experiencing, being the rock, but come and go as desired - sort of out and in at will?

That may be the way. We have never incarnated, experienced being a rock so our influence, 'input' as you say, may be flawed here. But we cannot see any way that it cannot come and go as is desired. It is not the same way as a spirit experiencing being a human being. You need to keep part of you at all times with the vessel, your physical body.



Your answer opens the door to many questions to be answered on that topic but we will stay with the earth energies and the nature world for now.

That is the way; dedication to duty and to learning.

Do we ever incarnate as nature spirits?

It may be the way but we think not.

Why did you say you 'think not'? Don't you know?

No, we are not sure if this is the way you can incarnate. We understand we have previously told you; you can choose whichever way you seek to experience an event on the earth plane divine but we do not have the experience or knowledge that this might be a way. Therefore, we choose not to say 'yes' or 'no' because we do not know if it is the way.

I would like to finish now for today. Thank you again for the information you are providing to us. It is very helpful to get the brain ticking over on probabilities and such.

Then with this we achieve our aim which is to set you thinking; to get you out of your rut and ignorance and to understand the magnificence that is 'you'. We go that way. Empower, empower, empower is our aim.

Thank you.

Growing Plants in Garden Boxes.

*Stand for something or you will fall for anything.
Today's mighty oak is yesterday's nut
that held its ground.*

Rosa Parks.

oOo

There is a current concern of mine you might like to assist me with. We grow vegetables and flowers, but because we live in an apartment unit, need to have large garden boxes. The first year of our planting everything grew very well. However, despite all care and attention with fertilizers, water, sunlight and wind protection, the second year they didn't do very well. Why was this so?

Because the soil is not fertile. What you have purchased is not of the sort to encourage growth.

I might have to disagree with your statement. We buy the best compost, add manure and then fertilize the soil but despite our best efforts the plants still don't grow as well as if they are in the ground - that is despite rotating the crops or spelling the boxes crop-free for a time.

And the reason why: they are not planted in the ground. The plants need the proper nutrition, what the soil has accumulated over time. It has bacteria, microbes and all the necessary components to assist the plants to reach their proper growing fruition. It cannot be the way when the soil is depleted of these elements that have taken perhaps epochs to establish in the soil.



Unfortunately the gardening community, gurus, are not aware of this yet and continue on clearing old forests of their trees and expecting the soil that has been processed from them to behave as it had with the soil that nature has established over time. By adding additions you hope to replicate nature but it cannot work, it is doomed to failure, because it is not the way, does not have the 'proper ingredients' as you say.

That will probably be the way of the future with gardening.

You will find that lovingly tended plants from gardeners who have an affinity with nature and soil does not go this way. They tend their charges and give them love which, by the way, replaces many of the nutrients lacking in the soil that was artificially created. 'Green Thumbs' they are oft-times called and it is the way.

Thank you.

Part Two

Custodian Spirits of the Land

*Take every chance you get in life,
because some things only happen once.*

Author Unknown
o0o

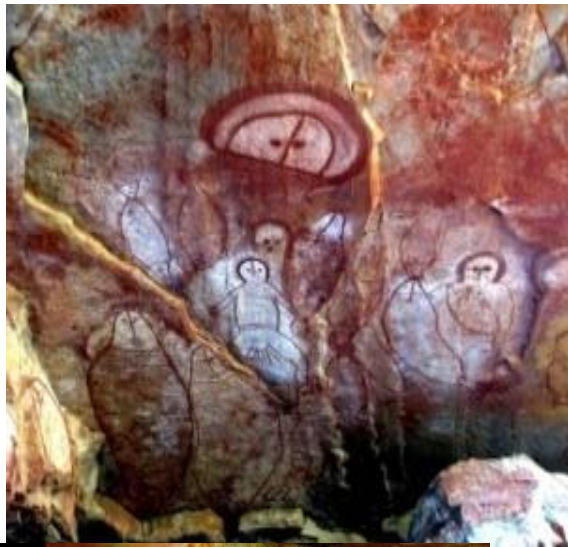
I would like to have your comments on some of my different earth energy experiences that have occurred over time. There are several incidents that happened in different parts of the world; do you mind if we go that way today?

You choose and we follow.

Then let's start by discussing experiences in Australia before moving on to other places in the world.

We can follow, go that way.

The expedition cruise ship was slowly making its way up the West Australian coastline stopping each day at various spots so passengers could visit the highlights of the different areas. Many of us were especially looking forward to seeing the ancient rock art paintings written about by writers, including Erich von Daniken. They described indigenous drawings and von Daniken in particular proposed that these images were done a long time ago by the local aborigines portraying space beings who had visited Australia.



To reach the first gallery of rock art meant we had to climb high up into the cliffs; quite a struggle through dense undergrowth and intense heat to reach the paintings sheltered in a shallow cave. Once there we were able to sit on the rocky outcrops and admire the primitive ochre, white and black drawings of mammals, fish and spirit people that were sketched over the walls and ceiling of the cave.

The rudimentary human forms, painted as white shapes, have what appears to be a bubble or helmet drawn over their head, similar to those worn by our present-day astronauts. Our guide had mentioned that for the local indigenous people, the white figures were representations of the spirits of the storms that lashed the area.



While listening to our guide I sensed there the presence of a spirit energy nearby. It didn't appear to be coming from any of the paintings in the cave so moved outside and went looking for the source. Just outside and slightly to the left was an image on a rock. It was made by nature: rain over time had darkened a section creating an image. The energy was coming from it.

It is common knowledge that people see images in nature that don't exist but this was different in as much as the energy or presence could be felt coming from the rock. Despite my sending out tentative thoughts of communication he appeared quite oblivious to us being there and didn't give any response. When later looking at the photo the image was as seen but the energy felt when taking the photos was not there.

Later, in reply to my query my spirit teachers said the energy did indeed exist as an inter-dimensional one and he, the bearded aborigine, was an overseer of the land there. With my present level of understanding don't know how it works but accept what was told to me.

It was as stated.

Thank you

Queen Mary Falls.

*The only source of knowledge
is experience.*

Albert Einstein.
o0o

Another indigenous experience happened at a completely different landscape, this time on the east coast of the country. It occurred at Queen Mary Falls in Queensland. A friend, also a keen photographer and I were staying for a few days at a cabin near the falls. To take advantage of the late afternoon light we set out along the path to the falls while it was still daylight. My friend was leading when suddenly a spirit group of six aborigine men appeared to my inner vision. They had spears and other hunting equipment but were not holding their weapons in a threatening gesture. Instead, they just stood at the side of the track and observed us.



Remembering what an aboriginal friend had told me about spirits of her ancestors staying on as custodians of the land I said mentally that we were not here to hurt, damage or take anything. We just want to enjoy your area in peace. They didn't respond but gradually faded out of my sight. They never appeared again while we were there. Could you enlarge on this experience please?

Yes, it as you stated. They are indeed custodians of the land they once inhabited. They are there as a protective measure for the land.

But how can they act or serve as a protection for the land? My friend, who is not psychic and has a scientific mind, would ridicule what had happened if told. She knew nothing about the indigenous spirits and the majority of tourists visiting the area would be equally unaware.

It is the way. They, the custodians, seek not to do physical harm but they have their ways with dealing with malcontents who damage and degrade the land. Those people do not stay long in areas such as this. They cannot identify with the emotions, the feelings that are there.

Powerful magic, if you choose to see it along that line, can be instigated against malcontents making them uncomfortable and eager to move to a more conducive area. You did not go that way and gave due respect and honor to their land and their ways. You were free to come and go as you choose whilst there in their domain.

Thank you. I do understand that it is possible to pick up energies from an area and have come to the understanding that it is not necessarily good or bad feelings resulting from something that has gone on before in the area. They do not necessarily have negative or positive attachments, they just exist.

That is the way it is. There are people, humans who flit in an area and are gone but there are energies that linger longer and they oft times do not relish human beings with their particular energies infringing (impinging?) on their domain. It is the way it is with mighty rivers and with mountains sometimes. They are not hospitable at all and strange, to you, things can take place at these sites. It is best at these times and these places to leave well enough alone and not to go seeking, thrill seeking, absconding from common sense and sanity. It will not be to your advantage, your good, to challenge them there.

There have occasionally been experiences like that even though we were not going to harm anything. One country area we were driving through on our way to see a waterfall felt really creepy and threatening the further we travelled into it. It unnerved us so much that we turned the car around and drove back the way we had come. There was no indication if something horrible had happened there and imprinted unfriendly earth energies. However, we have never had any desire to go back.

The area just mentioned was in a valley surrounded by mountains. Perhaps our feeling at the time was from the energies of the terrain or the waterfall as we came closer. What would cause the feeling we had?

We are not being specific to your experience with our answer because everything contains energy, some more elementary than others. Those of the mountains and Alps can be benign or rascally depending on their moods at any one time and yes, they do have personalities and moods. Some like strangers to visit; to climb, walk, picnic and the like. Others cannot be bothered and see it as an intrusion.

You have heard of situations where people have gone for walks on a beautiful sunlit day only to find themselves lost as a sudden, thick mist rolls in to engulf them, sometimes with tragic results. That is the kind of powerful energy able to be asserted by the less than friendly ones.

Are waterfalls the same way?


No, they hold a different energy altogether to that contained in the mountains - more benevolent. They see their task is nurturing to the land, the rivers and streams that flow from them; more of a feminine energy in this way.

Then what about volcanoes?

'Bad press' as you say is often given to volcanoes and not always deservedly so. They have their temperaments like the mountains but they also have inner irritants that need to be disbursed.

We don't mean as a third dimensional person has a wind and needs antacids or the like to rid what is to them an ailment. This is not the way with the volcanoes. When we say they have gas, we refer to the fermentation that goes on within the Earth's crust and that needs a safety valve, this you already know.

They can cause havoc and loss of life and property when they released their vaporous toxins of dust and magma but they do so much more. Their safety release has taken the strain off the subterranean plates and loosened the pressure there. This in turn has eased the contamination, the weight going on in areas much larger underground. Had these plates not shifted then eased back there would have been more calamity over a wider field with greater force. So you see it is contained and localized for the main part.

Thank you. 

The Devils Marbles.

*No law or ordinance
is mightier than understanding.*

Plato.
o0o



On a coach trip to going to various parts of inland Australia there was another indigenous energy experience you might like to comment on. The coach stopped at a sacred aboriginal site called The Devils Marbles or Karlu Karlu, understood to be what the local inhabitants call the area. By now it had become obvious to me that the trip was part pleasure but also to work with the earth energies so expected to feel something there but didn't. This was put down to too many people there at the one time.

The opportunity arose again later when was travelling through the area by car. Our arrival at the site was very early in the morning before any crowds. I wanted to photograph the natural light reflecting off the boulders.

My camera was a recent purchase but one that had become quite familiar with use. There were only one or two other tourists there and after photographing the scenes

My intention was to take an overview of the Marbles. To do this meant a walk to a small man-made rise a short distance away. I focused the camera for the shot but before the image could be taken my digital camera started to whir and make funny sounds like it had wheels and cogs.

Checking it over it seemed okay so hoped for the best while taking the photo. Well, the camera worked as it should so took my photo and everything was fine. Now, your opinion please on what happened then.

That was indeed earth energies at work. You were at a sacred place to the indigenous inhabitants of your land. They held sacred and in trust what was there. They knew that the energies were all around and you were given 'a touch' so to say of what was coming forth from the ground. It had been disturbed, the area you stood, and it was indeed what you felt. Energies not pleased with being disturbed.

But the shifting of the earth, the pile of red soil was part of the work intended to enhance the area or widen the road. It was to allow tourists greater access to what was already there.

To your mind it was the way. To those who still remain, who inhabit the land it was an infringement, an invasion of their territory and rights. It is sacred land to the local tribe and many have fought over that land. In this way it has enhanced the sacredness of that terrain.



From previous experiences such as these mentioned it becomes apparent that unseen life is all around and we do ourselves a disservice when we look no further than the tip of our noses and accept only what our five senses tell us.

Thank you.

Longreach's Ancient Past.

*It is better to change an opinion
than to persist with a wrong one.*

Socrates.

oOo



I would like your opinion please about an experience that occurred when a group of us travelled on a train/coach trip to inland Australia. The train had terminated at the town of Longreach and after dinner I was lying on my motel bed just relaxing prior to getting ready for bed.

I was awake but had drifted into an altered state of consciousness when, with my inner vision, saw line after line of different species of Australian animals walking left to right across my field of sight. In the parade were huge kangaroos, wombats as big as cows and an assortment of prehistoric animals. What was not known to me at the time but later learned was that there is an abundance of ancient fossil remains in the area. My question now is, why did these animals appear to my inner vision and in such a line-up?

Because that is the way it was there. You were seeing a release of energies from the past parading by for your perusal. It was a gift of sorts to you for you were able to see and acknowledge them there but if you hadn't, they would still have continued their parade. You were now consciously observing them.

There were other energy feelings experienced while in the area and my spirit communicator at the time said I was helping to get rid of ancient energies. When queried if they were from any altercations between the native tribes who once lived in the area and the white people was told, no, they went back a lot longer than that.

And that it the way it is.

You have just said 'is'. Does that mean it is still continuing?

That is the way.

Are these energy releases because of the 2012 shift?

And more. That is why it is continuing to this day.

We may need to come back to that later for more information but for now will continue on with another experience and ask for your comments.

That can be the way. It is up to your thoughts that bring about what is required, what to ask today. We will comply with your requests.

Thank you.

The Blue Vortex.

*To find yourself
think for yourself.*

Socrates
o0o

Then on a different way of seeing earth energies: I was having a short stay with friends who live in a hilly terrain in Mapleton, Queensland. They live in a home with a balcony that extends out over a lush, green valley. While standing on the balcony enjoying the vista noticed a pretty blue vortex rising languidly from the greenery a short distance below. My friends came when called over to observe the blue vortex but they could not see it. However they did mention it is where two eagles often glide riding the current there. Your comments about this blue vortex would be appreciated.

We can go that way. Yes, what you saw was part of the natural occurrence that happens at many parts of your world and is nothing to worry about. What you refer to as a natural phenomena.

o0o

Thank you. A slightly different experience to the one at my friend's home in Mapleton happened a few months later. This incident also relates to the earth's blue energy release but it happened in Western Australia and it took place while touring with another friend.



Reading the tourist information of what to see in the area we decided to go to a local small dam nearby. We had quite a way to walk along a narrow sandy track from the car park to the dam and as it was a weekday, we were the only ones there. I didn't feel comfortable with this and as we walked through the thick bush kept watching out for snakes.

A combination of the heat and the long walk made me very tired so after taking a few photos of the dam decided to rest on a nearby seat. My friend went closer to the dam to get more photos and while waiting

for her I took the opportunity to meditate.

Closing my eyes my inner sight showed me the river just above the dam and with the image was a feeling of me rotating slowly, moving languidly in a circle. There was no idea at first what was happening and there was confusion because of the image being seen. Somehow the cliffs were different to what had just been photographed. Then realized I was in or part of a blue energy vortex, and the setting was some time before the dam's construction. Would you like to comment on this please?

Another gift, shall we say. You were tired, out of sorts but you were still able, aware of what was transpiring. You did well with this because you not only saw; you experienced the freedom, the feeling of being a part of the energy vortex. It was what happened; it was the way it was.

I have been fortunate to have vacations here and oversee and those overseas experiences will be mentioned next. Now any of my vacations will be restricted solely to visiting different parts of this great country, Australia. My question is, will there still be experiences like those mentioned? Will there be an awareness of the different earth energies at the various places?

That will remain the way. You have made 'a pact', so to say, with the earth energies, Mother Earth and the 'nature spirits' as you call them. These energies have always been around but now more people are becoming aware of them. It is time for them to see and be seen by human energy. Contact can then be assured.

It is time to finish now but thank you for the information you have provided today.

It is our way, to offer service to those keen to learn and understand more of what is affecting them and why. You have a small taste of what is to come, what is to be felt, experienced along the way. We will speak more on this activity at a more convenient, to you, time.

Thank you.

Part Three

Sedona, Arizona.

*The journey of a thousand miles
begins with one step.*

Lao Tzu

oOo



It seems that earth energies are similar in many places if not all over the world and today our discussion can be on that topic. We can start our talk on the energies experienced in the USA and Canada.

Then we follow your lead.

It was on a coach trip in the USA: our guide told us that psychic people could see an energy coming from the ground on the left of the road a little before entering the town of Sedona. As I had seen a blue vortex rising from the ground on the right-hand side toward the hills well before the town expected to see this energy mentioned. It didn't happen for me and now would appreciate your explanation as to why it didn't.

The energy, as stated, is indeed appearing to those who have the sight to see it. However, for you, your enthusiasm let you down and you tried too hard. As you are aware, many times tension, tiredness, other physical activities or misuse of your life energy will rob you of what you hope to achieve. It was how it was with you at this instance, which is why.

It was different with the energy you mentioned, the one you did see because you were relaxed, not anticipating this to occur. It is always there, rest assured on that. The energy is never ending for it is a release of sorts, one that goes on and on. Others have also indeed been able to see it too but were they looking at the time? That is the way.

You mention release. What is the release from?

It is all around, the releasing of energies from the earth. It is not only at sacred sites and such. There are many, many places that activities such as this occur. Some are felt very strongly and some are seen to be the way. It is all a natural occurrence and will continue. It is incomplete, this energy shift, and will continue on until it is no longer needed then it will cease.

Okay, then while still at Sedona, we walked around the shops. It was a hot day and we stopped for an ice-cream. I felt very strange, again, suddenly weak. As it has happened several times before was there an energy or was it personal health issues?

We can go the way. It was a mixture of both. You were influenced by the day, the weather was hot, but it was also you were influenced by what was there with energy sway. There is a powerful pull, energy shift that is attracting others who specialize in releasing or connecting to the energy offerings of the way. Many different, exciting to you, activities take place here in Sedona. Yours was just a 'taste', so to say, of what was about.

Did you mean your answer to be a bit of a joke?

Yes, it was our attempt at a little brevity along the way. A play on words, as you say.

Thank you.

Whistler, Canada.

*Life is what happens to us
while we are making other plans.*

Allen Saunders.
oOo



A strange experience happened in Whistler, British Columbia, Canada and your comments on it would be appreciated.

We can go that way.

We were spending a night of a coach tour at a resort after a hectic day of looking at local sites. We were tired so after dinner went back to our room, prepared for bed and turned off the light. As soon as my eyes closed the image of a male Indian was there. I knew instinctively he was waiting for me to go to sleep and to go somewhere with him but being very tired from our excursion mentally said 'no'. However, he ignored my request and stood there silent and still, waiting.

My impression was that he was very powerful; a shaman if that is the local term. He wore a long winter tunic or attire I had never seen before. The garment appeared to be made out of soft leather like chamois. On or around his head was something small, less flamboyant than feather headdresses often once seen worn by American Indians. I tried not to go to sleep but without realizing how, did and then it was morning. Would you like to explain what transpired?

We can go that way. Yes, as you stated, he was waiting for you. You both had some magic, if you like, to perform together. He needed the power of your energy, what it contained, to be able to work what was required. You were not there by accident. There are energies here at play that even to you, living in Australia, were necessary to provide for this time and way.

This again brings in time, distance, space. We do not want to reiterate or go into detail here for you have requested that we stick to the facts of what transpired with you and the earth energies. We are going that way. We will, however, the way that brought you together, it was originated when you were still residing in Australia.

But why couldn't we do whatever was needed to be done while I was in Australia and this shaman was in Whistler?

Because that was not the way it was decided to be. You understand part of what we are stating yet there is more that is beyond your present comprehension. It was needed to have your physical body there. It was the way it was decided, decreed between those who seek to have certain obstructions 'removed', shall we say. We are speaking about energies with this but you know the way. You made a pact so to say with him, this shaman, and he answered your calling.

Thank you for your information. It gave me an insight and much to think about.

Then we go that way. Peace and blessings go to you now and forevermore.

Thank you.

Part Four

Nature Spirits



*Images of Nature Spirits as they go about their business are rather elusive.
Those included in this book are either from my pictures taken or ones I have downloaded free from Pixabay.*

o0o

*A human being is a part of the whole called by us universe,
a part limited in time and space.
He experiences himself, his thoughts and feeling as something separated from the rest,
a kind of optical delusion of his consciousness.*

*This delusion is a kind of prison for us,
restricting us to our personal desires and to affection for a few persons nearest to us.*

*Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures
and the whole of nature in its beauty.*

Albert Einstein

o0o

There are many other unseen energies and their inhabitants intertwined within our third dimensional reality. This section relates to some of the different types of inhabitants, the little people of the nature world; those who nurture and take care of all we see growing in our gardens, our forests, and all part of our present reality. They encompass the nature spirits of fairies, elves, gnomes, elementals and others who take care of the environment and its inhabitants but there are also others.

Discussions with the teachers will encompass some of those other energies who minister specifically to Mother Earth's needs. They are the energies whose domains take in the oceans, mountains and all that we see in this reality.

Sharing with you my various incidents might jog your memory enabling remembrance of similar ones you have experienced. It is also to encourage all readers to extend their perceptions past their normally functioning five senses and see and experience for themselves a wonderful, vibrant other reality with the tiny inhabitants going about their daily activities; living their life mostly in complete oblivion of us living ours.

It is one thing to hear about these other realities that coexist with us but how do we achieve going beyond our five senses way of seeing so we can see them for ourselves? And when an altered state of consciousness is mentioned, what does it mean? It is often suggested to soften our gaze or eyes but how is that achieved?

All questions are valid to attain our objectives and the answers are better understood if we realize that our normal sight is like a camera lens where we focus on an object to see it clearly. However it is not used to see other normally unseen realities and their inhabitants that coexist with us. It is when we focus intently that our eyes act like laser beams so the little nature spirits hide to avoid being burned.

They, the other unseen inhabitants, are noticed more often when we are in a daydream state. It is then our sight is less focused and we have activated and are using our third eye, or brow chakra and not our physical eyes or sight.

Because we are so used to seeing by using our physical sight to look outward at some object and our inner perception is similar that we may think we are still looking outward but it isn't so. It can even be better to connect with and see hidden realms with eyes closed.

We can achieve success in activating whichever of our five senses we use by first imagining a scene, something like we do in a meditation. In this way we initiate our brow charka or inner vision.

Any connection or seeing can be spontaneous; as we immerse our self and thoughts in the beauty of our inner surroundings. This changes our vibrations and sets the mood or stage for any connection we achieve. We have five senses to work with on this dimension but not all people connect to other realities in the same way and any of the five senses can be activated at any time.

As an example, when a friend and I would go for a country walk near our homes we would find a comfortable spot to sit quietly and absorb whatever was there in an attempt to shift our consciousness so we resonated to a different vibration, more receptive to seeing any nature spirits.

My friend used to sense/see while my inner vision, clairvoyance, was activated. At the time my understanding didn't encompass just how my friend could see in her way but when we relayed back our experiences it was the same image being seen. I still don't really understand my friend's way of seeing but think it must be somehow like vision impaired people are able to 'see'.

Others have mentioned intuitively 'feeling' what is there and it activates their inner vision in some way. They didn't know how it happens and perhaps it could be that it is somehow done through their aura. Perhaps it is a little like blind people are able to 'see' or 'feel' to navigate around objects like furniture. We are all diverse and function in different ways with our five senses.

Because my favorite scenery is of the rainforests that is what is activated many times. Friends prefer to be by the ocean. Whatever is chosen at the time we need to remember that the little folk are ethereal while we, wearing a denser, third dimensional covering do not resonate to the same vibration or wave length.

People who have successfully activated their inner vision sometimes find it difficult to believe they are seeing into another dimension and think what they are seeing is 'just' their imagination. For this reason it is suggested not to automatically dismiss what is seen with eyes closed. If it hasn't been brought it into awareness by previous thinking it is unlikely to be creative imagination activating it.

A suggestion offered to help; try to change whatever you are seeing with your inner vision. Perhaps try to change the color of clothing being worn by one of the nature realm inhabitants, the size of trees, anything being seen. If you cannot make any changes then you are successfully activating your inner sight.

My awareness of seeing other normally unseen realities, is as stated, done by my inner vision but is often first noticed as if it is from my normal side vision. My attention then brings whatever is being seen forward and the images appear to the front as with normal vision.

The fairy spirits who are working in our gardens usually don't take any notice of humans as they work busily behind the scenes. However they will respond to harmonious and loving thoughts directed at them by those who appreciate the work being done.

A woman client previously unknown to me came for a consultation. We sat across from each other and, as we talked, chit chat to relax her and for me to connect to her energy, my inner vision was activated. The image shifted from my consulting room to my client's backyard and as the image was relayed to the woman, she was able to validate what was being said.



Her yard was small and everything growing looked healthy and verdant. What was also been shown were the fairies, their beautiful little ethereal forms almost translucent in the sun. My client had no idea there were fairies in her garden but was happy to hear they were there. She said a lot of time was spent in her garden as she tended the plants. 'My happy place' she called it.

There is a misunderstanding that fairies shun places where crowds of humans are going about their daily lives; busy cities and favor the natural landscape more. The nature spirits are wherever their charges are and will respond to human thoughts.

It is said that they can be mischievous if provoked and some activities in a home thought of as poltergeist activities may well be caused by the nature spirits responding to disharmony in a home.

Nature spirits of the four elements are able to change their size and will do so to suit their needs. They can do almost anything within their own element but cannot change to another element. A gnome, for example, cannot change into a fairy or visa-versa.

Each country is said to have nature spirits who often like to look and clothe themselves as the people of the area. I have not seen any dressed in modern clothing and have never seen any country's indigenous nature spirits. Any seen by me were wearing in what we recognize such as leprechauns and from children's story books.

So as an overview: the nature spirits and those of the four elements are etheric, not of this third-dimension reality even though they look after the natural world here. For each one of the four elements of earth, air, fire and water are nature spirits and elementals that are created from and belong to the ether, an element finer than the air we breathe.

But there are others.

A Little Green Something.

*Live in the sunshine,
swim the sea,
drink the wild air.*

Ralph Waldo Emerson

o0o



I would like your opinion on what happened to me during a meditation. In the meditation I was wandering peacefully along a rain forest path. It had filtered light along the way and leaves had come off the trees and made that lovely earthy, compost smell.

Wandering by a small embankment, I sensed a little green something fall in just behind me and stay there. From out of the corner of my eyes it seemed to be about nine inches tall and, from memory, was dressed in green leaves. I continued on with this little energy seemingly walking somewhere behind me and finished my meditation.

I didn't think any more about it until weeks later when visiting an alternative healer friend to have some energy balancing done. It was she who mentioned this little earth energy, a nuisance she said that saps a human's energy and is very hard to get rid of. I had forgotten about the incident but part of the reason for my visit to my healer friend was because of depletion of energy. She managed to

remove the little energy but it took her some time.

Now, it was during a meditation when the little energy attached itself to me. I was in an altered state of consciousness so how was the little energy able to attach itself and affect my physical body?

Just because you were in an altered state of consciousness does not alter what we are about to say. These altered states of consciousness are very much a part of your existence here but your conscious, earthly sight mainly blocks them from your countenance. This is done because it would be too confusing to you to see all around and not function in the way you have become used to in this physical body.

These altered states are still 'you' and remain that way therefore even though you cannot see them with your present physical sight, they still exist and you can be attacked and have attachments as was the case you enquire about. It is through these 'altered states', if you like, that your healer friend was able to rid your countenance of the little 'hanger-on' if that is the way you choose to see it.

And this is the way we can have other experiences that are not on this physical plane but have an effect on the physical body?

Yes, it is the right way to see it.

I will finish now but thank you for the information you have provided today.

It is our way, to offer service to those keen to learn and understand more of what is affecting them and why. You have a small taste of what is to come, what is to be felt, experienced along the way. We will speak more on this at a more convenient, to you, time.

The Happy Lavender Bush.

*Everything you can imagine
is real.*

Pablo Picasso.

oOo



Before we discuss the elves and gnomes I would appreciate your comment on another experience that occurred when attending a meeting at a friend's home at Southport, Queensland. Walking slowly past a lavender bush I could, with my inner hearing, (clairaudience), hear it dancing merrily in the breeze. It was happily singing as a child might. 'La, de da, de da' was coming from the bush as its top jiggled to and fro. Possibly it thought no one could hear its happy little tune, because it stopped in apparent shock when I mentally spoke saying 'Hello little lavender. You seem happy today'. I waited for the bush to continue its happy song but it stayed quiet so I moved on.

You were able to contact the energy of the lavender bush and allow it to acknowledge your understanding of its way. Unfortunately it was shocked, because never before has a human being responded to any gestures made by it, let alone its melody. You communicated one to one, but it was not able to respond because it didn't know how. You can and it can't. Do you understand?

I think so. Thank you.

A Gathering of Gnomes.

*There are only two ways to live your life.
One is as though nothing is a miracle.
The other is as though everything is*

Albert Einstein

oOo



At one time our small group took part in a meditation at a cottage somewhere near the base of Mt Warning in New South Wales. It is lush country with mountains surrounding a deep valley. We had finished our meditation and our small group were standing on the verandah, having a break while drinking freshly made chai tea.

We were talking, nothing too intense, just enjoying the atmosphere and beauty of the area. We were very relaxed and without realizing it I was looking with my normal physical sight but also with my inner vision as well. Standing on the verandah with us and listening to our words of appreciation were maybe half a dozen gnomes. They were about four feet (1metre 20cm) and were dressed in belted deep green long shirts, over long pants that were tucked into boots. They came over to me and, curious, patted my energy body. Would you elaborate on this experience please?

Yes, what you saw was indeed a small band, gathering of gnomes. They are the instigators, the energies that look after the wild life as well as the vegetation. They were there and have existed there for a long time - in your sight we are meaning to say.

Thank you.

The Hinterland Gnome.

*Change yourself and you have done your part
in changing the world.*

Paramahansa Yogananda

oOo



Another experience that comes to mind happened during a visit to a mountain area in the Queensland Gold Coast hinterland. My partner and two friends we were with had decided to go for a walk with me choosing to stay behind with our picnic gear.

Other people were sharing the picnic area and, casually observing them, I must have drifted into an altered state of consciousness. My attention was drawn to something moving on my right. It was what appeared to be a gnome, but this one was dressed in a brown tunic and pants. He ignored everyone there and perhaps they didn't see him. He walked up to a nearby large tree and stepped into it. As he did, he elongated and became part of the trunk of the tree. Would you provide us with more information about that experience please?

We can furnish that. He was indeed the spirit of the tree. He did as you saw but he also does much more. He tends to nearby trees also, those who are in his care. He provides sustenance, of the type coming from the earth or the sky (rain?) but other sustenance - more of an energy power boost so to say.

In Australia, like other parts of our world, we have droughts, floods and bush fires. Trees, like us, have their allocated time here. How does this all fit in with what the gnome does and where does he go in times such as those mentioned?

It is all as you say; there is a time-frame allocation for all. But again, we speak of other issues here. He is there to minister to the trees' needs. He does not fuss when they are subject to invasion of the insect kind. He does not fret when his charges die for he knows the limits of earthly matter and is of accord. He goes on to other needs, other trees, ministering and issuing his charges with health and well-being.

Then if any of his charges are invaded by insects, he does not try to interfere?

No, that is not his way. He issues all he is able from the energy of the sun, moon and stars, but he does not interfere with the natural flow of life. Insects and their likes are part of the particular life cycle of some trees. It would be wrong for any other influence to intrude, no matter what the best intentions were.

So he does not play favourites and instead lets nature take its course?

That is what is meant to be and he follows through.

Thank you.

Do Nature Spirits Dress to Suit Their Charges?

*Some infinities are bigger
than other infinities.*

John Green.

oOo



At the same place where the lavender bush is growing is a huge fig tree. In it were little gnomes or elves peeking from the branches of some of the big limbs. Now, the hinterland gnome was dressed in brown, the gnomes from the lush forest were in deep green tunics and the little elves or gnomes in the fig tree were in a lighter green. My question then is, do nature spirits dress to suit the appearance or colour of their charges?

Yes, that is the way it is. They dress this way to accommodate the needs, the varieties of all their charges. So, if there was vegetation that was mottled, shall we say, they [the gnomes and elves] would dress of accord.

Is that as a camouflage?

It might go that way but we think not. It is more as an accommodation, an affinity, if you like that they dress this way.

So, when forests are cut down in the name of progress, how does that affect the nature spirits? Where do they go when their charges are gone?

Again, we are going to speak of other avenues you may not have considered. Their charges are gone, yes, yet they, the nature spirits as you refer to them, live on. They do not go away. To your sight they are gone, but it is now replacements of energies of other sorts that have existed in time but now come to the fore. They minister to their needs now.

I don't understand and would appreciate more information, please.

Then we go another way. There are other energies that are all around. Sometimes progress, by natural progression, brings them to the fore. It is this example we are referring to. Your Mother Earth is not static, nor is she unable to adapt to changes that are wrought upon her countenance. Sometimes, in the case you refer to, they are needed to move her on to her next stage of development.

We are stating, do not see all changes with progress a blight upon your Mother Earth, for it is not the way. Many times progress is needed for changes to take place for all, the human race included. It would be a sad day and world if everything, all energies, did not grow.

Do you not see this with your seasons? Your trees, plants, shuck off their leaves and go into hibernation of sorts. They then manifest again in the spring in all their glory to behold. It is the way it is meant to be and you, human beings, are a part of a glorious plan; a plan that moves all forward.

What about all the damage we, as humans, are doing to Mother Earth? What about the animals we displace? Some species we are told are now extinct, some dying out even and we, like them, are the losers? What about that?

Yes, you can see it that way but we show another way. We do not condone wanton slaughter upon your planet but what we do say is that necessary changes need to be. Your dinosaurs are an example of progress taking place. Many other species have been and gone the same way. It is all part of natural progression.

And you, humanity, are set to follow on one day. It is how it is with all. The nature world and their mentors are of the same kind. They, like you, are destined to come and go as a natural progression of all. They do not go away and are forgotten. They live on but in another way, just as you, earthlings, are the same kind. You go forward, progress naturally and it is the way it is all meant to flow.

Thank you.

How do the Nature People Produce Offspring?

*Just when the caterpillar thought the world was over
it became a butterfly.*

Author unknown.

oOo



Today we could continue with the nature world and have your comments on how gnomes and elves are created. As an example; surely a mother does not give birth to an old looking baby?

No, that is not the way at all. A human child, a newborn child will be as you say, young and in need of care and attention. It is not the same way with a child gnome or elf. They are not produced as you and your progeny are. They come a different way. Their way is of the earth because they are of the earth and stay that way. Yours is of the stars, so to say, and you return that way. It is entirely different yet you are the same.

You are the same, united, different parents, different energy flows, but all are one. You balance each other out if you like to see it that way. You bring with you to Earth the elements of the stars, the galaxies and such: the earth elements offer more to your kind by way of 'earthiness', of balancing the two ratios, so to say. In this way, with this, the elements are served because each contributes what they are capable of and what they achieve is brought about by a communion of sorts; each contributing to the all.

It is understandable that the earth energy little people are not created as humans are and understandable that we each have what the other lacks, so we supply each other with what is needed or required. You also meant that we humans, because we come from the stars, that means our energy bodies are lighter than the nature spirits. We incarnate to other places than Earth while the nature people stay on Earth. Did I get that right?

Yes, succinctly.

Do they incarnate then?

In the right and proper way for them, but not necessarily as for you earthlings.

Not meaning to sound difficult, but you called us earthlings. Isn't that a bit confusing to have us, as light beings, being called that while the nature spirits could be considered more along the way? Am I being too pedantic today?

It is the way it is. You are earthlings whilst you are here on planet Earth. We see no problem with that, so it is so that you are being 'pedantic', as you say.

My apologies then. Just wanted to make sure I fully understood what you were saying.

You understand and comprehend perfectly at this juncture. We are trying to advance you on and understand that you want to start 'from scratch', as you say. We know and accept this, but do not become enamoured with staying with the earth energies, for we have much to learn, to teach, to get you up to speed. You only have so much time to complete this task and then you are gone. Do not shilly-shally with the precious time left to you to complete your mission.

Well, I was going to ask about fairies next. Should we abandon that idea?

No, complete the task you set for yourself, just do not become enamoured with the scenery of what is around, what you see with your inner sight and lose yourself there.

Okay, fairies, like the gnomes and elves tend to the nature world. I believe they tend to the flowers. Is that correct?

Yes, that is so. They also tend to other avenues too. The bees that tend the flowers come under their care, as do the other little insects you see connecting to the flowers. Their growth is paramount, tied to the flowers. It is the way all succeed and grow.

Thank you.

Do Gnomes and Elves Ever Grow Old?

*Dumbledore watched her fly away,
and as her silvery glow faded, he turned back to Snape,
and his eyes were full of tears.*

"After all this time?"

"Always," said Snape."

J.K. Rowling.

o0o

The gnomes: I've seen ones that appear old, healthy, but old. A younger group were the ones dressed in green in the rain forest; let's say they were middle aged. Then there are the little elves that are to me like children. Would you like to discuss the age factors? We grow old, what about the nature spirits? Do they start out as elves and become gnomes as they grow older?

No, that is not the way. They start out along the lines you saw. Older ones were along that line all along. They did not change with age. The 'younger ones', as you say, were also along that way. The elves are a different breed again. They do change over time but think, have you ever seen an older elf?



No, but there was never any thought about it until you mentioned it. What happens to them? Do they age?

We feel now we have you scratching your head, metaphorically speaking so we will leave it for another day.

Thank you.

Following A Path Little Understood.

*Worry is like sand in an oyster;
a little produces a pearl,
too much kills the animal.*
Marceline Cox.

o0o

Do all the insecticides and chemicals we have used over the years and continue to use, have they decimated the nature spirits of gnomes, elves and fairies as it has done to the bees, the birds and insects who are so necessary for our survival?

No, it is not the way. You are thinking third dimensional and the little folk of the forests are not third dimensional although they take care of the nature world you inhabit. They are saddened by what they see but understand it is what you call progress and needs to follow a path you are little understanding.



Your answer truly surprises me. Are you saying that while they are not condoning, they are accepting of what they see?

Yes, it follows a path they understand for they see how nature changes seasonally and to their mind they accept that this follows the same way.

They don't hold us responsible?

No, why would that be the way. They follow the laws of nature, of the seasons and this follows the same way.

Thank you. It is something I have long wondered about.

Part Five

Hugging a Tree.

*Sometimes people are beautiful.
Not in looks.
Not in what they say.
Just in what they are.*

Marcus Zusak

o0o



This is not my experience but would like your comment please. A friend rang to say that she believes she may have felt the energy of a tree that she hugs each day. The tree, a splendid specimen of a gum grows in her garden and as the woman passes it, she wraps her arms around the tree, gives it a hug, and thanks it for growing in her garden and attracting the birds.

She said that this morning when she followed her normal thanking of the tree, she was resting her body against the tree and could hear a gentle, continuous 'shhhh' sort of noise coming from inside the tree.

My friend ruled out all other possibilities and believes what she heard was the inner working or sap moving up the tree. Your comment would be appreciated please.

It is the way, as your friend described. It is of the life-force of the tree going about its daily tasks of connecting the tree to the earth whilst feeding it from the elements above.

The elements above? Do you mean the sun, perhaps rain and all the planetary influences happening at the time?

It is as it is.

She wasn't also connecting to the gnome who looks after the tree?

It may be the way that she enabled herself to relate to the earth energy elemental. It is a way of connecting it is also a possibility that it was not that way. We were not there so not privy to this activity; we are giving an overview of what can transpire.

Thank you. I will pass your comments on to my friend.

Suggestions on How to Connect With the Nature Kingdom.

Have you ever heard the earth breathe?

Kate Chopin
o0o



Believe in the 'little people', the elementals in their various forms and, with the right vibrations or harmonies coming from your energy field it is possible to make contact with the nature kingdom. Practice mindfulness or meditation to help still your wayward mind and help harmonize your energy field.

Achieving the right harmonies may be as simple as connecting with nature; walking in parks, gardens, rain forests, by oceans, streams and appreciating the natural world that is all around you.

The nature world is tended to by their particular elementals and being in and connecting with their domain, observing admiring, gently touching, and hugging trees offers benefits to your health. Sit quietly to connect. Feel the breeze, the sun, the rain on your body. All have their healing properties for you and open you up to the elementals of the nature world.

It is best to keep an open mind and don't dismiss anything you see as 'merely imagination'. A movement out of the corner of your eye, a shape or image in nature that resembles a gnome, elf or fairy may well be one of those and serves as a window into the nature kingdom.

Throughout this e-book I have shared my inner sight experiences and they are offered to serve as an interest and guide for you. However, don't despair or give up if you are not visual because your way of interaction might be by way of one of your other inner senses.

Perhaps your attempts activate your 'inner' ear. If so, you will hear how fairies have little voices that do sound like tinkling bells. With the right vibrations from you they may communicate with you. They can often be found in your home garden along with elves. They are dressed in similar colors to the flowers they tend.

Whichever way you attain your objective it is best to remember, when in their natural world show appreciation and thank the elementals. They are the ones who work in collusion with Mother Earth to maintain our beautiful world.

Part Six

The Mineral Kingdom

*Curiosity about life in all its aspects, I think,
is still the secret of great creative people.*

Leo Burnett.

o0o

We could go onto so many different directions from your answers and what thoughts they create. However, let's focus today on the mineral kingdom of rocks, crystals and the likes. Then perhaps we can go back to the nature kingdom. Is that okay? There is so much to learn and it is all interesting and thought provoking for me.

Yes, each one who learns along these lines will be enhanced in their opinions and understanding of themselves and how they relate to all. It is what we achieve with those who question and ask.

o0o

One Rock's Journey.



There have been personal experiences of feeling and seeing the energy in some minerals. For example, a rock that came down from a mountain in a storm and was in a field when found. As it was cupped between my palms could feel a very, very slow beat or rhythm from it. It wasn't a heartbeat but possibly more of a beat connecting it to the rhythm of Mother Earth.

I saw with my inner vision how the rock had begun its journey to ultimately stopping at the floodplain where it was found. It didn't feel as if it had a soul inside. Could you enlarge on this please?

We previously spoke of spirits (souls?) capable of entering into the rock if they required or needed the experience of forming, being part of the rock. We did not say all rocks had souls. It is not the way. Some souls decide that the experience will enhance their earthly learning in some way and so become a part of the rock. Others choose a different way.


Thank you.

Locked Within a Crystal.

*My wish is to stay always like this
living quietly in a corner of nature.*

Clause Monet.

o0o



Another experience was with a friend, Bernie. Bernie was given a beautiful, large crystal by another friend of his. That friend said the crystal was too masculine and she didn't feel comfortable with it. When I visited Bernie, he asked me to hold it and give him my impressions. I did and 'saw' two different experiences in it that appeared to relate to Bernie's other lives. One of the experiences seen enhanced a later visit Bernie made to England and because of the information learned from the crystal, he was able to finish events that he had started in one of the other lives seen.

My questions won't be asking about that today but my first question to you is: Bernie didn't purchase the crystal; his friend did for herself so how was Bernie's experiences able to be seen in the crystal?

Yes, it is so that your friend Bernie had an imprint in time embedded in the crystal. We are using how you understand time at this present juncture but

there is more to this than as you say, 'meets the eye'. Pre-planning was not the case yet, in a way, that was what transpired. Bernie knew of this crystal yet did not know he was to receive it in this way as a gift.

How can that be? Could it be that there are unseen forces at play here?

We go another way then. Have you not had issues that have come about in strange ways, ways that to you could not have been premeditated, pre-planned, yet they occurred?

Yes, everybody has had experiences like that.

It is of this sort we are referring today. It is not that you understand what is transpiring or has transpired, it is that your grasp is not yet freed up enough to understand what happens at this time or, these times, as the case may be.

Is this along the lines of quantum mechanics?

It can be thought of as along that way but it is much simpler to grasp once you gain the understanding of time and its relevance. We would like to leave this topic for another day and pursue your understanding and education of the nature world at this juncture. Leads do lead away but you are remaining firm.

Thank you.

An Energy Inside a Chystal.

*The goal of life is to make your heartbeat
match the beat of the universe.
To match your nature with nature.*

Joseph Campbell

o0o



Many alternative healers work with crystals and say there is an energy inside that helps them with their work. Are these crystals, do these crystals contain souls?

It could be the way. Understand though, that crystals have a form, a hard form as you feel it but they many times have other issues, other desires. They are not 'sentient beings' as you say but yet, they have an understanding and an intelligence you cannot comprehend at this stage. They will gladly cohort, work with humans who seek to do 'good'; to establish a rapport with those who have an affinity with their needs. It is, as you say, a 'win/win' situation when this occurs because all benefit and mutual respect is attained.

It is a pedantic question but what happens if a soul decides they would like to inhabit a particular crystal when there is also another energy form, the energy of the crystal, residing there?

We cannot see any problem with co-habitation. It would work; prior consent would be established first then it can proceed.

I would suppose that the soul who has moved in and is sharing the crystal would perhaps just rest and observe and feel what the crystal energy is doing. Perhaps a soul might decide to work this way with a healer.

It could be any of those possibilities. The achievement of the soul is paramount to their experiences, what they set out to achieve. It is as you are when you undertake a physical form in any dimension or place. You take on and absorb what you have chosen for yourself each time you undergo experiences.

Thank you.

Part Seven

Four Different Elemental Types of the Nature World

*Everything is energy and that is all there is to it.
Match the frequency of the reality you want
and you cannot help but get that reality.
It can be no other way.
This is not philosophy. This is physics.*

Albert Einstein

oOo

We would appreciate more information on the different types of inhabitants of the nature world. Some are already known but perhaps you can provide us with further information on any others that may be here but of whom we are unfamiliar with. Is that agreeable with you as our topic for today?



Yes, all will be of accord.

Well, there are the gnomes who are of the earth elements. We have the sylphs of the air; those of the fire elements called salamanders and the undines also called water sprites. The elves appear to be a division of the earth elements and we can assume that the other three elements would have their divisions too. Is that a correct assumption?

Yes, it is the way.

You have mentioned they are not third dimensional yet take care of this third dimension's nature world. While we are here, we inhabit a third dimensional body and that body is a combination of the four elements of earth, air, fire and water in varying degrees. Do any of the nature spirits take care of us while we are here?

Not in the way you may perceive. They do take care of you by ministering to your needs; your food, your air, your sunshine are all part of the nature kingdom that enhances your quality of life whilst here.

Would you mind enlarging on what you mean by them being able to minister to our needs with sunshine and air? Could you explain that please?

They have their ways with this just as they attend to the needs of their natural world of the flora, fauna and all that they hold dear. They minister in a way that enhances your perceptions and acceptance; your body ways and needs.

But they are not of this dimension, even though they take care of all that are here. Where do they come from if this dimension is not home to them?

They are a finer composition than their charges. They are etheric, made of a composition finer than air.

As our physical body is composed of this dimension's elements and you have stated we also are of the stars - what do you mean by your last answer? Please explain it.

As you are aware you are composed of these earthly needs and also of the planets mostly of our solar system; you have attracted, magnetized to you what you are composed of. The nature world dominion brings into your body those compositions that enhance and make it able for you to absorb from the atmosphere what is required by your magnetization. You only go so far with this and help is at hand by the instigation of those of the nature world that are here for this blessing upon you all.

When you speak of the magnetization do you mean what our earth body is composed from, what attracts whatever is required? As an example, is it like the four elements as explained in a zodiac chart and less of the chemical compositions that our chemists require?

It is all one and the same. All are there for your needs and instigations are required to continue them on in the proper way.

So before we incarnated here, we composed, planned whatever our chemical requirements for our body would be while we inhabited a physical body?

It is the way and all went of accord.

Thank you.

The Gnomes of the Earth Element.

Being happy never goes out of style.

Lily Pulitzer.

o0o



My understanding is that the earth elementals, the gnomes and various kinds live in the earth and minister to the mineral kingdom and all the precious stones, minerals, gold and silver. We have seen them portrayed in various books and movies; Snow White and the Seven Dwarfs is one such movie that springs to my mind. However they must do more than mine because, as mentioned, there was the gnome who walked up to a tree and what appeared to be a very natural action to him stepped up to its trunk altered his shape so he became bigger and a part of the tree.

It is not the way that they stay underground ministering to their charges that are there. They also maintain other avenues, more of the tree species as you have mentioned. They have many functions to keep 'the wheels of progress spinning', so to say.

Are the elves an off-shoot of the gnome species?

No, they are another way but all intertwine with their receivership of the nature kind.

Thank you. We might come back to that a little later to gain more information.

It can follow that way.

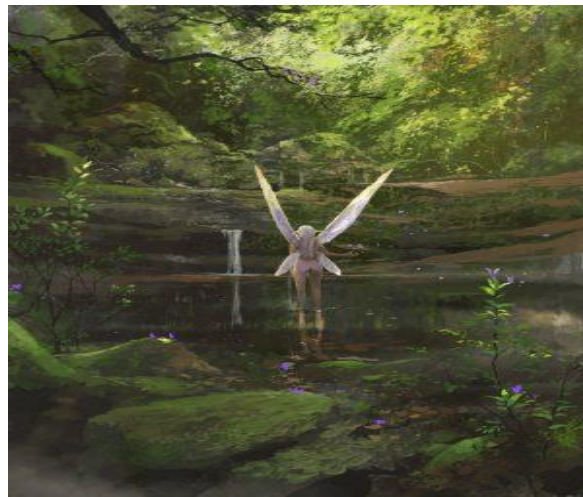
Thank you.

The Sprites of the Water Elements.

*Don't say this is good and this is bad.
Drop all discrimination.
Accept everything as it is.*

Osho

o0o



What about the water elements, the sprites? They have a relationship with the water but does it encompass all water?

No, they do not have receivership of all. They contain themselves to the rivers and streams of the nature world. There they minister to the needs of all there that rely upon these requirements. The animals of the nature world who come to sip of the streams; the kingdom at large of the mosses and ferns; those plants and lichens of their domain are functioning, surviving with the grace and goodness of these kinds, the water sprites of their regions.

But it doesn't encompass attending to the oceans of the world?

No, it is not their way.

Then who ministers to those areas of water?

It is the way that they have others whose needs are contained here. They also have an evolutionary path they are upon and whenever they contain themselves to their parcel of water they abide by their obligations that are contained. They are of Mother Earth and the requirements are met more along this way.

Could you be more specific please? From the information you have previously given I am assuming that the mountains might not be part of the elements of the nature world inhabitants' domain. Are the seas and oceans the same?

Yes, it is so that they come under a different 'jurisdiction', if you see it along that way. They are of Mother Earth's domain but not of the nature kingdom's way that we are discussing.

Perhaps later we can discuss who controls the seas and oceans. It sounds an interesting topic to follow.

Then we follow that way.

Are the sprites all the same or do they have different 'branches'?

No, they are all of the same way.

And do they have anything to do with the flooding rivers and streams when there has been heavy rain?

Again, you are not looking at a larger picture. The water spirits do not come into play as you are portraying. They are part of the landscape and go 'with the flow' as you say. They do not instigate 'the flow'.

Then what about the damage done to their domain from torrential rain or even perhaps droughts? Are they sad about the damage they see has been done?

You do not encompass a larger picture. They do not react that way because they understand the vagaries of the world they inhabit. Change is a part of their world and it matters not to them in which way it comes to be. They will continue as they have decreed to work with the world they love.

Are they emotionally affected by the birds and animals that are hurt or killed by extreme weather conditions?

No, it is not their way. They understand that all have a time and a place in the natural order of life. They do not fret or fume at such times occurring.

Thank you.

The Sylphs of the Air Element.

*Be realistic.
Expect a miracle.*

Osho

o0o



We would like to know more about the sylphs, the nature spirits of the air. My understanding is that they relate to the air element of our body's composition. They are said to influence the intellect and are especially activated or involved with those people who are creative such as scientists, inventors, artists; all creative people are helped in gaining their inspiration by the air spirits.

Yes, it is their way. All of the elements' composition influences a person's body in a certain way.

So, depending on their strength within the physical body's composition, the earth element could help a person be grounded, a water element could make a person more emotional and a person with the fire element could be fiery?

Yes, we do not disagree with your concepts.

Is part of our challenge to work with and learn to control the earth elements our body is constructed from?

Yes, you are all here to learn how to control those elemental energies that your physical body is composed from. It is partly in this way, with this, that you also bring them on with their 'evolution', so to say.

And it is not only working with the positive traits you mentioned but it is a balancing of what can be termed the negative and positive components of each? Using the example of the fire element just discussed the person with strong fire elements will be influenced to be fiery tempered, perhaps flies into a temper easily or be a person who inspires others by their positive attitude and perhaps benevolence? And that influence could wax and wane depending on other influences during their lifetime here?

Yes, it is the way. All will be influenced by the ways the elements are at varying times throughout their life.

And are the elements also influenced by the stars?

Yes, it is the way.

Thank you. From time to time our world experiences very strong winds, typhoons, cyclones and tornados. Are these part of the doings of the air elementals?

No, they do not control such as you say. Again, it is another 'breed'; more to do with Mother Earth's inhabitants.

I do not understand what you mean by Mother Earth's inhabitants and will continue along with that line of questioning in a moment but first would like to learn more about the nature spirits.

Then we follow, go that way.

If we wanted to see an air spirit, what would we look for?

They are elusive and hard to see but if you look, unfocused you might catch them on the wind. They like to dance, to sing and they can be found dancing around, in and amongst the leaves of the trees. They can be seen as will-o-the-wisps that gather and play.

What about the water spirits? In a sun filtered area of a rainforest once thought there might have been a few dancing like sparkling sunlight on the top of the small stream there. However it might have just been my wanting to see them that made me think that at the time.

It may be the way that what you thought you saw you did because often they can be seen that way. Have more faith in your abilities and do not automatically dismiss what you thought you saw.

Thank you. I will follow your suggestion.

The Salamanders of the Flames.

*The mind is a beautiful servant,
dangerous master.*

Osho

o0o



Given the opportunity many of us may sometimes sit, perhaps around a campfire, or in front of a fire burning in our home hearth relaxed, looking into the flames. It is at times such as this, when in that relaxed state, we are susceptible to seeing the salamanders there. Is that so?

Yes, it can be the way when relaxation is upon you all.

Are the salamanders at every fire? No matter how large or how small?

Yes, as soon as the first match is struck, they are there. It is their doing; their domain being activated at these times.

I am sure that at least once I have witnessed to seeing the fire spirits and would like to mention it now for your opinion.

'Fire away', as you say.

Fire away? You are having a little joke, aren't you?

Yes, sometimes we like to instruct in a fun-filled way.

One evening a group of us were relaxed, chatting as we sat, glancing occasionally through the glass door of a pot-bellied stove into the flames flickering. I must have drifted into a warm, relaxed, altered state of consciousness before becoming aware that there were two flames interacting with each other.

They started off playing, but then changed and, like two little children might act, their play turned mean as they seemed to be trying to outdo each other's antics in a spiteful way. Can you comment on what I saw?

We cannot comment on your particular incident but can say it may well be as you described it to be. The fire elementals more so than the other elementals are unstable and can cause mischief when they want to be. You have a saying 'a good servant but a bad master'. It is this way, with this.

Part Eight

Of the Earth and the Stars.

*The universe is transformation;
our life is what our thoughts make it.*

Marcus Aurelius

oOo



You have stated that we are a composite of the earth elements but also of the stars. Our benefit of our body being of the composition of the earth elements enables us to do whatever we choose to do while here on planet Earth?

Yes, it is the way.

I hadn't thought about it when you had mentioned it is a win/win situation for all concerned but would like more information now please. Do we also somehow bring into this incarnation the planetary elements we have magnetized in some way to us?

Yes, it is as you say.

Then please explain a little more on that topic so we can gain a better understanding.

Yes, you need to extend your thinking past this dimension's way. You, as stated, are of the stars and part of your 'heritage', if you like to see it that way, commands you to have traits that are of 'you' as spirit as well as 'you' as a mortal being. These traits or abilities are a functioning part of you and it is what precedes your thoughts and actions while here. You combine what you are, what you brought with you to this incarnation and like a melting pot of designs, energies, can manipulate your desires to suit your needs.

We would appreciate more information on this topic please.

If you only worked with the earth's elementals and all that is here there is not the spiritual motivation to activate life here as it is meant to be for your sojourn here. You would not seek to improve your lot and those of others who also inhabit this domain. There would not be the interaction between you at all because there would be no attraction, no magnetization to the needs of all. It is this way, by this that you work upon your needs, what you seek to achieve whilst here but also, while you are achieving this you are elevating and bringing on those whose needs go another way.

We are told we create our own reality. Is what you are stating along this way? The world would be different without our energies here?

Yes, it is the way. You are starting to see and understand a little more of the complexity, yet simplicity of life, of the 'grand design', so to say.

You mentioned that the nature spirits take care of the flora and fauna and, to a degree, us whenever we are here. Are you also meaning that the controls the oceans, the volcanoes and such are more 'earthy' and more connected with Mother Earth?

It is the way that all who are here are connected in some way with Mother Earth. The magnitude they perform is beyond your comprehension yet the complexity needed is part of what you offer to Mother Earth.

I will need to have a think about what you are meaning to gain more of an understanding.

Then we leave you to your way.

Thank you.

The Unknown Others.

*How could this earth of ours,
which is only a speck in the heavens,
have so much variety of life,
so many curious and exciting creatures?*

Walt Disney
oOo

We have spoken of the nature spirits and the earth elementals but would now like to discuss the others you have briefly mentioned, those who are also of Mother Earth. I am assuming that they are different to the earth elementals and maybe have a bigger role to play?

No, not a bigger role to play for each and every one of the elements, the 'nature world' as you say are a vital cog in the organizations of what makes your reality 'hum like a well-oiled machine'. It is this way that all serve their purpose divine and are cogs that help drive the evolutionary way of all.

You have mentioned that the nature spirits, the fairies and others are not of this dimension even though they attend to this dimension. My assumption is that they can come and go at will. Is my assumption correct?

Yes, it is the way it is. They do have a purpose here but also at other levels, dominions. We do not seek for you to understand this way at present but would prefer you to get a 'grounding' so to say of what transpires here on this dominion you call Earth.

Perhaps then at another time we can spread our wings to other avenues we are not yet ready to understand or learn about?

Yes, we can follow you way with the comprehension of what is about here first and then progress to the next 'instalment', so to say.

But we can state that these nature spirits and earth elementals are not human in their evolution path even though they assist us, humans in various ways while we are here?

Yes, that is so.

And every country in the world, has the fairies and elementals looking after whatever is growing in any part of the globe?

Yes, it is the way.

Thank you. Perhaps for today we can discuss the energies of the seas, oceans, mountains and any others not previously mentioned.

Yes, we can introduce you more to other energies, elements we have briefly discussed before.

Are the ones of the seas and oceans the same or are they different again to each other?

No, you have it wrong, a wrong concept. All are united but go another way.

That seems to be a little confusing and we would appreciate further information to help us understand what you mean.

Then we go that way. The seas form part of the oceans but they are divided by other elements that have their pattern of achievements going in a different, yet united way. The oceans are for those who magnetize and minister to the elements of Mother Earth and her ways. They can be considered to be influenced by and influencing the inner workings of the planet divine. You understand what we are saying, referring to here?

They extend past the Earth's crust and influence in some way the inner domain or workings that happen there.

Yes, it is the way.

So, is there another hierarchy inside Earth?

It can be thought of that way, that the flow binds all here to their needs and achievements, activities.

Does this influence from the oceans and seas have something to do with how the Earth is affected by solar activity and other universal happenings that impact our planet?

Yes, you are understanding a little more of the machinations brought into being by the interplay, interaction of all energies not only of this planet but of all the universes in your present, know kingdoms. All influence all. All have a bearing on each other even thought, to you, those of you solar system and beyond may appear to be too far away to have an impact or influence.

Is this like an intergalactic butterfly effect?

It can be seen, follow along that path.

Shall we start our discussion with the seas and then move to the oceans?

It can be any way you formulate your thoughts and questions. We are here to prime your pump to the knowledge of what is here, at this present domain. We can then take you further with your thoughts to other places that are perhaps not in your influence or ken.

Okay, then let's start with the seas. What do they influence or what of the nature world do they have jurisdiction over?

They play a major part with those who are closer in habitation to the land. The shores cover much of your space that holds the waterways intact. They are the dominion of those who are regaled here.

While listening to you speak can see with my inner vision a group of mermaids and what appears to be mermen. Is this just illusion? I thought these entities would be more of the oceans.



No, what you see is what is in that dominion. They have their way (also?) with the oceans of your planet. They are in control of, influencing the crustaceans and other inhabitants that are within their domain.

Would those other inhabitants be dolphins, seals, fish, perhaps whales and the underwater gardens of coral and kelp?

No, we go another way with our way of instruction. They are of the dominion of the one known to you as Neptune. It is he, in his dominion, that controls all that is involved with the nature world so to say of the seas and the oceans.

I know in Greek mythology Neptune was considered one of the Greek gods, a figment of imagination and not real at all.

Elements of truth are masked in fables and this is the way with this, Neptune. Neptune and others, 'gods', as you say, are factual even now and will be forevermore.

Thank you. I would now like more information on what the mermaids and mermen do?

They assist Neptune rule over his domain. All have their functions, ways to grow and learn; to accept responsibility of those of the watery inhabitants of Earth. They produce from the spray the elements you call fairies. They tend the gardens of the underwater worlds.

Excuse me for interrupting but how do you mean they produce from the spray the elements you call fairies? Aren't fairies a different entity in their own right?

Yes, it is the way but part of the elementals way is by the patterns they 'formulate', so to say. They work in collusion with the land fairies, sprites and cohesion is achieved.

Are you stating that part of the learning or development of the mermaids and mermen is to create out of the atmosphere other elementals?

Yes, it is the way it is. It is not only your species who develop others sometimes not of your kind to go another way.

And these are thought forms of the mermaids or mermen?

It is the way. As you are learning and developing your ways, your 'talents', so to say, it is the way with others who also learn to manipulate the elements, energies and create form. For a while they are that way, elemental thought forms, and then they dissipate back into the atmosphere for they are as shells, without substance.

The creations?

Yes, part of each energy divine is to learn to master the elements at their call.

Including us, humanity?

Yes, it is the way.

Neptune is one of the controlling gods of the waterways, of the seas and oceans. He controls larger volumes of water, it is his domain.

And can he leave this domain if he chooses like the nature spirits and elementals can?

No, it is not his way. He is more of the Earth and has his format, way here. He controls, manages all that comes into and under his 'jurisdiction', so to say.

Mariners who travel the oceans of the world are often subject to strong winds and raging storms. Is this because Neptune is unstable like the salamanders can be?



Your portrayal of Neptune we are familiar with but it is not the way. There is not the jealousy or vindictiveness we see that is often in the portrayal. We say it is a force, earth force going about his requirements at the time. There is no malevolence, no personal intent to harm in any way. It is necessary many times to stir the waters of the world, to create mayhem maybe, to gain the impetus of what is termed progress.

Then is Neptune aware that there are people in those boats being tossed about, even some vessels being destroyed?

Of course he is aware of all that transport themselves upon his domain. Again, it is not some malevolence, some personal vendetta against your kind. It is a necessity, a need to keep the waters of his way functioning the way they are designed to be.

But what about the influence of the moon and the planets? They have a strong influence on the tides.

There is no conflict here. All work in unison.

The butterfly effect again?

If you choose to see it that way, like that.

We may come back to Neptune and his domain later to gain more understanding. Now, though, it would be interesting to have a change of pace and learn a little more about the mountains - those powerful earth elements that have their home or domain there.

We can follow, go that way.


Thank you.

Temperamental Earth Energies.

*Life is not a problem to be solved
but a reality to be experienced.*

Soren Kierkegaard.

o0o



You briefly mentioned that some mountains don't mind humans in or on their territory. Others don't like it and can let us know in different ways that can be detrimental to us.

Yes, it is the way it can be.

Well, we have mountains that have become more rounded over time and there are some like the Himalayas that are said to be still growing. Has age anything to do with it, how humanity is treated by these earth elements?

No, we do not see it that way. As you have your temperaments, temperamental people, so it is this way.

We do not see or want to give an impression that all are this way inclined to be at all times. It is a matter of choices of how they choose to be at any time.

So, it is not something that we humans can be doing at the time that sets them off?

It might be the way. We are instructing you, having you understand that it is not all the time. Like you, some of your humanity, you have your moments of recall when you choose to be how you would not like to be.

We mentioned the Himalayas as an example but there are other mountain ranges, perhaps longer and nearly as large in other parts of our world. Is there one earth entity that controls each mountain and/or range? Or are there several who are involved?

All work in unison. You see different parts of the world as separate but we would now ask you to think along a more encompassing way of reasoning. We are stating that there is an overseer who controls all of the activities of the growth pattern of the various mountain ranges irrespective of their location. It is 'he' and we use that word as an encompassing one to designate what transpires at each place and with each mountain range as you say.

But what about the mountains that can be moody, sometimes belligerent to humans and maybe even to animals? Doesn't this energy that controls or has some sort of control have a say as to how they react?

Again, your logic is simplistic and you put emotions that are of your kind to others, places that do not warrant it. It does not go that way, with this. The master controller, if you see it along that way, is more interested in the functioning of his part of Earth's domain. He is not involved in any way with petty differences of moods or ways. It is of no concern to him how his 'protégés' so to say behave.

It seems that mountain ranges have a lot to do with the weather or rains in their areas. They control or attract what comes on from seas and whether it gets over their peaks to do some good to the land. They also appear to attract clouds which again, can enhance the land. Are we right in our thinking with this?

And other activities are in their domain. They also shelter the lands from floods that can ravage the areas and function as a growth pattern for the land that is around their domain. They bring in the winds as well as cloud cover and enhance in many ways.

Then who controls the strong winds, cyclones and tornadoes that ravage parts of the Earth from time to time? Is there a special entity that instigates those elements?

Yes, it is the way. All elements are controlling and controlled by others not of your kind but who manage, are in charge of what transpires upon this planet divine.

I would appreciate more information please.

There are others who instigate, have receivership over all that happens upon this third-dimension dominion. It is they, master controllers in some ways, who instigate make sure all goes of accord.

I understand that much of what happens here is controlled by natural elements not 'here' such as the moon and sun and you have mentioned other planets also have an influence upon the weather here. Is this or these you are referring to now?

No, it is not the way. Much of what we speak about is not in your ken, your understanding. It is not third dimension we speak about but it instigates, involves all that happens upon this dimension.

So there are overseers who make sure all is going as of accord?

Yes, these ones, 'energies' so to say, are learning the ropes of how to facilitate, control other life forms and domiciles. They are the ones who, if you like to see it that way, are part of a hierarchy, a chain of command to make sure all goes of accord.

Like the well-oiled machine your earlier spoke about?

Yes, it is the way.

Then while we see Mother Earth and other planets in our universe as round this is illusion? It is not how it is at all?

Yes, you are right with what you are saying. It is brought about into your awareness for your understanding of what can be. We mean by this that you would not comprehend the 'formation' so to say of the reality of what is.

You are not going to tell us the Earth is flat?

No, it is not that way either. We feel that to explain the reality of what is does not suit this instruction book and would leave it for another time, another book that can flow more that way.

Then I will finish for today. Thank you for the information provided and of which I had no previous knowledge of.

Then we go our way. 'Mission accomplished' as you say.

Thank you.

Chains of Command.

*The meaning of life is whatever you ascribe it to be.
Being alive is the meaning.*

Joseph Campbell.

o0o



So as not to get too far from the nature world it would be interesting to learn about the energies that are within Mother Earth and Mother Earth herself. Could we perhaps speak about the hot core of the planet? Who controls that? You have mentioned that the volcanoes act as a valve to ease tension on our planet but who controls the hot core? In asking this question am assuming that there is a hot inner core and not a hot mantle layer with something more solid as Earth's core.

Again, in simplistic terms we say that there is much here that cannot be identified to you as yet because it is past your comprehension. Suffice to say to you that what you are asking about is controlled by more than one entity. All, in their own way are working, stoking the 'fires' so to say of the energy of the Earth.

The energy of the Earth? Again, I would appreciate more information please. If all influences all, isn't a lot of what happens to planet Earth also stoking the fires of energy to keep her going?

Yes, and we are remiss in what we are explaining. All do have a bearing on what transpires here but if we can identify it along the way of your body, humanity's body, it is similar but not the same as you with your chakra system. You also have others not of your kind that stoke your fires to keep your energy fires burning. They are also in a master ship, a learning connection of what is required to assist, keep alive another 'species' so to say.

Are you prepared to speak more of this chain of command? We started this book with those spirits who are concerned to Mother Earth and how we, humanity, is treating our planet. These would be involved in some way with helping this planet and part of it may be in making people aware of what they see is transpiring.

It is the way they progress with their development, learning.

They suggested that we shape up and change the way we are living and abusing the world we inhabit; her animals, forests, the entire nature world. They explained that how we are living cannot be sustained and gave us ways to remedy the situation. They seemed to be humans, spirits, who had passed from this planet but still had a great love and attachment for Mother Earth. Is this so?

Yes, it is the way. They have, as part of their evolutionary journey made those who are in ignorance aware of what transpires here, on this your present home. You will find them at your rallies where others of their kind gather to vent their frustration at what is seen to be a grave injustice done to your world and all who live upon it. They can incite others to move more freely with their thoughts and actions and achieve more by, in this way.

They are the ones who speak of global changes and the world coming to an end in the near future?

It cannot be the way that your world will be annihilated in any way that will be detrimental to your kind.

Any way at all?

When the time comes for this world to go another way it will be done to the satisfaction of all. We have mentioned that there are others, not yet in your ken, who takes it upon themselves as part of their tutorage and learning way to minister to other energies.

It will be decided when it is no longer applicable as a 'base' for other spirits, entities to evolve here. Then, and only then, will the energy of your planet start to recede; be withdrawn by those who 'stoke her fires' so to say. It will be a gradual lessening of the core's heat as she come undone and will go that way.

That sounds like what has happened to other planets in our solar system.

Yes, it is so. Other planets also have their ministering angels, energies who also administer to their needs. No planet in your night sky, what you see, is immune to this. All go the same way.

Are we moving away from the earth energies and all who are here as a service to Mother Earth but are functioning here, learning and evolving themselves?

No, it is not the way. All are interconnected is the way You see different energies, species and kind but are failing to understand that all are indeed one only manifesting in different ways to suit their particular ways and growth patterns at any stage or time.

We have mentioned overseers and it is a simplistic way of stating that none travel their journey alone. All have guiding lights showing their way just as you, humanity, have guiding lights showing your way. You can call on these helpers if you have 'lost' your way and they will come and shore you up but they will not take upon themselves any challenges or burdens for you along the way.

What about the energies that are here as part of their learning? What happens to Neptune and those of his kingdom? You said they are of the Earth. What happens to those other earth energies when it is decided that this world is not longer to be used as a training ground for other energies? Those who are not of the stars and stay here? Do they 'go down with the ship', so to say?

No, again we see you are taking a simplistic approach to your thoughts. It is not the way. If all, as we state, is illusion, what you see then it cannot be the way.

Please explain what you mean when you say it cannot be the way.

We feel we have given you the instruction, information you required for your tutorage so will leave you now with words of encouragement and cheer. In the times ahead you are to see much will change upon your Mother Earth. Some will please you and offer you encouragement; some will not but all are necessary to keep the fires burning, to aid progress forward for all kinds in their varied, myriad ways.

All of you will come to an understanding of the part you play in the progress of your world, what you call Mother Earth and much is to be accomplished in the times ahead.

Go in peace and blessing knowing all is on its way as ordained. Peace and blessing we send to one and all. You cannot fail.

Part Nine

2023 - An Update on World Changes

*Never believe that a few caring people can't change the world.
For, indeed, that's all who ever have.*

Margaret Mead.

o0o



It has been several years since I wrote the previous information and what was mentioned by you at the time appears to be happening now. In many parts of the world the media is showing people, especially young people, up in arms about what they perceive is climate change. My question is, what is happening now, is it what you had been referring to with the courageous, fearless people?

It is the way; one and the same.

I do not agree that what we are seeing with weather conditions being climate change that will make the world unusable in ten years or so or global extinction as many people are stating.

No, it is not the way. However, what you are seeing is a ground swell of people prepared to stand up for their beliefs. These are the future, the ones who deny their own comforts ahead of what is being done now.

The rest of the larger population might not agree with them.

It is the way of the future for your planet. Where you will see more and more of your populace standing tall for what they see is a wrong, a hardship, and making the changes they see is necessary to make it into a more equitable world for all.

Is it only going to be on climate change?

It is not to be only climate change that you see underway for there are many other issues that will come to the fore with this. People will become more embodied for their needs they see are being trampled, misunderstood by those they see as the ruling class or with the power to intervene and change what is wrong.

Climate change is mainly the bandwagon of choice at this time but what about the other problems associated with what is transpiring because of our modern way of life? They are not being addressed and I specifically refer to the misuse or overuse of the natural resources and the wastage that goes one with this.

Yes, we see and understand what you say but this will also change as more and more start to realize what issues are at stake and bring about a revival in many ways of what was before. We are stating with this that many will change and go back to other avenues that once were pursued by societies. We see much will take another way, form, as many change their ways of seeing what can and cannot be sustained.

Your planet is also undergoing changes as she shifts to another way of enlightenment and with this change others of her charges also undergo changes. These changes will bring about a demise of natural 'flora and fauna' as you say. It is brought about, into being, because of the energies that once were are falling away and heralding in the new. It is this, not climate change in this instance that will make many misunderstand and place blame where it is undeserved.

All have a time, a place and an existence that flutters for a time and then ceases to exist as you know and understand it to be. Growth is not stagnant and the old, the worn must, by needs, make way for the incoming ways. It is a part of nature. Always was and always will be. You, finite you, humanity, will go by the way but all will progress as ordained.

We do not see global changes bringing about your demise but see many changes ahead. Fearless warriors will light the pathway and bring in a more equitable place for all to stay.

We leave you now with words of cheer. Much will change upon your globe and all will feel the benefits of what is to come. We issue our words of encouragement. Do not fear what tomorrow brings for all will find their purpose and rewards they set out to achieve. You cannot fail.

Thank you.



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